

# Doula Interview

## QUESTIONS TO ASK

**DOULA'S NAME:** \_\_\_\_\_

### QUESTIONS

How many births do you take per month?

\_\_\_\_\_

Do you have any other clients with due dates near mine?

\_\_\_\_\_

Do you have a backup doula?

How did you choose your backup doula?

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\_\_\_\_\_

Where did you receive your doula training?

\_\_\_\_\_

\_\_\_\_\_

How long ago was your training?

\_\_\_\_\_

What was required of you to receive your certification?

\_\_\_\_\_

\_\_\_\_\_

Have you done any continued education?

\_\_\_\_\_

\_\_\_\_\_

What is your birth philosophy?

\_\_\_\_\_

\_\_\_\_\_

### AVAILABILITY

Y N

Available for my due date?

☐ ☐

Are you going to be in town for my due date?

☐ ☐

How long have you been a doula?

How many births have you been to?

\_\_\_\_\_

\_\_\_\_\_

Have you had any children? If so, did your birth experiences influence you to be a doula? Why? What did you learn from your birth experiences?

\_\_\_\_\_

\_\_\_\_\_

Why did you decide to become a doula?

\_\_\_\_\_

\_\_\_\_\_

What are your fees?

\_\_\_\_\_

What forms of payment do you accept?

\_\_\_\_\_

### YOUR PRIORITY LIST

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_



# Doula Interview

## QUESTIONS TO ASK

What is included in your doula package?

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Where do we meet your clients for prenatal visits?

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What do you typically cover during your prenatal visits?

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Where did you receive your doula training?

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How long ago was your training?

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Have you been to my hospital/birth center before? What were your experiences like?

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Have you worked with my doctor/midwife before? What were your experiences like?

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What is your birth philosophy?

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When will you join me in labor? Would you come to my home first?

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How do you feel about cesarean births?

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Do you attend cesarean births? If so, how do you support women during and after a cesarean?

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What if I labor longer than 12 hours or 24 hours? Will you still be there? Does the price change?

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What happens to my fee if no labor support is provided? (If I have a fast birth, an emergency C-section, etc.)

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How would you describe your support style as a doula?

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How long will you stay with me after I give birth?

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# Doula Interview

## QUESTIONS TO ASK

What do you typically do when supporting one of your clients during labor and birth?

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How do you feel about epidurals or any pain medication?

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Do you have any references? If so, can I speak with your references? If not, do you have any reviews that I can read?

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(If you are taking Bradley Classes or Hypnobabies/Hypnobirthing classes): How familiar are you with the childbirth classes that I'm taking? Have you supported anyone else who has taken these classes?

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Do you offer any additional services? Have you done any other training?

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## NOTES

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.