

# Birth Plan

Mother .....

Partner .....

Due Date .....

OBGYN/Midwife .....

Doula .....

Pediatrician .....

## Top 3 Goals

- 1
- 2
- 3

## Important Info

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- .....
- .....
- .....

## During Labor

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## Pain Relief & Comfort Measures

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## In Case of a Cesarean

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## Birth and Baby Care

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